



CHICKEN & WAFFLES W/ HONEY MUSTARD YOGURT SAUCE

Recipe Project Name/Written By:	To Taste
Recipe Category:	Breakfast, Grab n' Go, Heat & Serve
Cooking Process:	#2 Same Day Service
Prep Time:	10 minutes
Cook Time:	15 minutes
Total Time:	25 minutes
Sample Serving Size:	1 oz eq waffle, 1 oz eq m/ma chicken tender, #24 disher honey (or hot honey) yogurt sauce

Meal Pattern Contribution: 1.5 oz eq WGR grain, 1.25 oz eq m/ma

INGREDIENTS	32 Servings		64 Servings		DIRECTIONS
	Weight	Measure	Weight	Measure	
Chicken tenders, whole muscle recommended, WG breading		32 each (1 oz eq m/ma)		64 each (1 oz eq m/ma)	1. Prepare tenders according to manufacturer's directions.
Waffles, whole grain, 1 oz eq grain		32 each (1 oz eq WGR grain)		64 each (1 oz eq WGR grain)	CCP: Heat to 135° F or higher for at least 15 seconds.
Honey (or Hot Honey) Mustard Yogurt Sauce (see recipe)		32 (#24 disher) servings		64 (#24 disher) servings	CCP: No bare hand contact with ready to eat food.
					2. Prepare waffles according to manufacturer's directions.
					CCP: No bare hand contact with ready to eat food.
					3. Serve one waffle, one chicken tender, and a #24 disher of honey (or hot honey) mustard yogurt sauce. For grab n' go, chicken tender can be placed in waffle and folded like a taco.
					CCP: Hold and serve at 135° F or higher. (Chicken)

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NUTRITION INFORMATION

Serving Size 1 serving w/ #24 disher Honey Mustard Yogurt Sauce

NUTRIENTS AMOUNT

Calories 215

Total Fat 9 g

Saturated Fat 1 g

Cholesterol 28 mg

Sodium 358 mg

Total Carbohydrate 22 g

Dietary Fiber 2 g

Total Sugars 7 g

Added Sugars 2 g

Protein 13 g

Vitamin D 0 mcg

Calcium 77 mg

Iron 1.6 mg

Potassium 447 mg

N/A=data not available.

ALLERGENS: Milk, Wheat, Soy, Eggs

Allergen and nutrient information may vary based on the specific products and ingredients used on site.

*MARKETING GUIDE

Food as Purchased for	32 Servings	64 Servings
N/A		

NOTES

Check manufacturer's crediting to ensure compliance..

YIELD/VOLUME

32 Servings	64 Servings
N/A	

